

# Creative Dance Center Schedule • Summer 2017

5-week schedule: Monday, July 3 - Saturday, August 5.

Class / Ages / Price	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Nurturing Baby</b> 2 mo. - pre-walking \$70	11:00-12:00 -TG					
<b>Parent/Toddler</b> walking -2½ Saturday class - 4 weeks 7/15-8/5 \$56		10:00-11:00 -KJ				9:30-10:30 -KJ 4 weeks 7/15-8/5
<b>Parent/Toddler/Child</b> 18 mo-4yr \$70	10:00-11:00 -TG					
<b>Parent/Child</b> 2½-4yr Saturday class - 4 weeks 7/15-8/5 \$56		11:00-12:00 -KJ				10:35-11:35 -KJ 4 weeks 7/15-8/5
<b>Yoga Fun</b> 3-4yr w/ parent, 5-6yr without \$55				10:00-10:45 -HS, IA		
<b>Creative Dance</b> Ages 3½-5 \$72			9:45-10:45 -KJ		9:30-10:30 -IA	9:30-10:30 -HS Ages 3½-4
<b>Creative Ballet</b> Ages 3½-5 \$72				11:00-12:00 -HS, IA		10:35-11:35 -HS Ages 4½-5
<b>Pre-Ballet</b> Ages 5-6 \$72					10:30-11:30 -IA	
<b>Creative Modern</b> Ages 6-8 \$77			11:00-12:15 -KJ			
<b>Hip Hop</b> Ages 6-9 \$72						11:45-12:45 -KJ
<b>Ballet I</b> Ages 7-9 \$77	3:45-5:00 -TG					
<b>Intergenerational Modern</b> Ages 7 - Adult \$77 Parent/Youth couples \$115 5 classes: Tuesdays 6/27, 7/11, 7/18, 7/25, 8/1			6:45-8:15 pm -AGG 5 classes: Tues 6/27, 7/11, 7/18, 7/25, 8/1			See reverse side for Faculty key.
<b>Yoga - Being Connected</b> Adult \$65 5 classes: Mon 7/3, M 7/10, Sun* 7/16, M 7/24, M 7/31		7:00-8:15 pm -RH 5 classes: Mon 7/3, 7/10, Sun* 7/16, Mon 7/24, 7/31				

## Creative Dance Center Summer Camps

Monday through Friday

- Ballet Stories \$175**  
June 12-16, Mon-Fri  
10:00-12:30, Ages 4-6 *Ines Andrade*
- Dance & Art \$175**  
June 19-23, Mon-Fri  
10:00-12:30, Ages 4-6 *Ines Andrade*  
*can combine for \$305*
- Ballet Stories \$175**  
June 26-30, Mon-Fri  
1:00-3:30, Ages 4-6 *Kechelle Jackson*
- Art in Motion \$190**  
July 24-28, Mon-Fri  
10:00-12:30, Ages 4-6 *Kechelle Jackson*  
*6 yr. olds can combine for \$320*
- Hip Hop \$175**  
Aug 7-11, Mon-Fri  
1:00-3:30, Ages 6-9 *Kechelle Jackson*
- Dance & Yoga \$140**  
Aug 14-18, Mon-Fri  
1:00-3:00, Ages 5-8 *Hayley Shannon*
- Dance Empowerment \$175**  
Aug 21-25, Mon-Fri  
10:00-12:30, Ages 9-13 *Hayley Shannon*  
*can combine for \$305*
- Hip Hop \$175**  
Aug 14-18, Mon-Fri  
1:00-3:30, Ages 9-13 *Kechelle Jackson*
- Global Dance \$175**  
Aug 21-25, Mon-Fri  
10:00-12:30, Ages 6-10 *Hayley Shannon*  
*can combine for \$320*
- Art In Motion \$190**  
Aug 14-18, Mon-Fri  
1:00-3:30, Ages 6-10 *Kechelle Jackson*
- Musical Theatre \$225**  
Aug 21-25, Mon-Fri  
9:30-12:30, Ages 6-10 *Carly Squires Hutchison*

*Bring a Sack Lunch when staying for full-day combined camps*

Each camp week will culminate in an informal showing for family and friends on the final day of class. Daily snack is to be provided by parents. See reverse side for Faculty key.

**Ballet Stories** Have fun exploring, dancing, and learning about story ballets. The Ballet Stories Camp will include an age-appropriate ballet class each day and many fun activities! We will read stories and create props and crafts.

**Dance & Art** Dance & Art invites young children to explore engaging concepts through visual arts, music, stories, and dance. This fun-filled camp includes hands-on art activities, story time, and creative dance class.

**Art In Motion** Explore dance and art through the works of creative artists. Each day a new artist/style is discovered. Students experience powerful connections between visual art and dance concepts. Work by artists including Piet Mondrian, Jackson Pollock (ages 4-6), Alexander Calder, and Ansel Adams (ages 6-10) inspire our creations! Paint shirts provided, but come prepared to work with paint and other messy art! Camp concludes with an inspiring art walk and movement presentation for family and friends.

**Dance & Yoga** Discover the dynamic relationship of yoga and creative dance. We practice yoga to calm or energize the mind and body and dance joyfully with this grounded awareness as we explore a new dance concept each day.

**Dance Empowerment** The body and imagination are wonderful tools to express ourselves and connect to others. Combine dance concepts and skills with activities that explore mindfulness, communication, and reflection to help reinforce confidence from the inside-out! Activities include positive affirmation chains, gratitude wall, confidence capes, and more. We will practice appreciating art work that is different from ours while honoring our own unique gifts. A special week for tweens & new teens.

**Hip Hop** Explore street dance styles from the vibrant culture of Hip Hop, through the concepts of dance. Learn movement vocabulary from breaking, locking, and popping, as well as commercial/new style, House, and dance moves of past decades. Learn about the history of Hip Hop dance and culture and develop your own voice through free-styling.

**Global Dance** Every dance has a story. When we learn about how a dance came to be, we discover wonderful things about culture and life! Discover dances from around the globe such as Capoeira, Irish step-dance, and the Hawaiian hula. We will explore the dance concepts emphasized in each dance and use creative tools to make our own dance stories.

**Musical Theatre** Come have a splash *Under the Sea* as we dive into Disney's **The Little Mermaid!** Look for this camp to include songs such as *Part of Your World*, *Poor Unfortunate Souls*, and *She's in Love*. Explore the world of musical theatre and discover singing, dancing, acting, theatre games, set and costume design, and creating original scenes as an ensemble. Discover the joy, energy, laughter, and skills the magic of theatre brings!

✂ Register online at [creativedance.org](http://creativedance.org) or complete and mail the form below to: Creative Dance Center, 12577 Densmore Ave. N, Seattle, WA 98133. **Summer 2017** ✂

Student: \_\_\_\_\_ Age (Child): \_\_\_\_\_  Returning Student  New Student Parent/Guardian \_\_\_\_\_

Class: \_\_\_\_\_ Day: \_\_\_\_\_ Time: \_\_\_\_\_ Fee \$: \_\_\_\_\_ Telephone: \_\_\_\_\_

Student: \_\_\_\_\_ Age (Child): \_\_\_\_\_  Returning Student  New Student Email: \_\_\_\_\_

Class: \_\_\_\_\_ Day: \_\_\_\_\_ Time: \_\_\_\_\_ Fee \$: \_\_\_\_\_ Address: \_\_\_\_\_

Less 5% when registering for more than one class per family \$: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

**Total Fee \$:** \_\_\_\_\_ Include email address for enrollment verification & CDC's eNewsletter. Please share physical or developmental limitations your student may have.

MC/ Visa: \_\_\_\_\_ exp: \_\_\_\_\_ Signature: \_\_\_\_\_

# Class Descriptions Summer 2017

5-week schedule: Monday, July 3 - Saturday, August 5

## EARLY CHILDHOOD PROGRAM

### Parent-Child Classes

**NURTURING BABY:** (2mo. - pre-walking) Fun and appropriate movements for building baby's body and brain. Playful social/emotional connections are made as you and baby dance together and with others. Explore dance concepts using multi-sensory props and instruments. Sing nursery rhymes and move to a wide variety of music. Learn how to encourage floor time so baby can move through the early developmental patterns. Caregivers are always welcome. 5 classes: \$70

**PARENT/TODDLER:** (walking-2½)

**PARENT/TOT/CHILD:** (18 mo. - 4 yrs.)

**PARENT/CHILD:** (2½-4 yrs.) Dancing with your child, exploring movement activities and practicing skills, is not only lots of fun but very educational. Activities are taught that can be explored at home. A wide variety of music, props, and rhythm instruments add to the fun and learning. Caregivers welcome. Siblings six months and older register as a student for half price. 5 classes: \$70  
4 Saturday classes: \$56

**YOGA FUN:** (3-6) Explore basic concepts of yoga through games, songs, and stories. Discover dance and movement themes in the body, connections to the world and animals around us, as well as ways to self-soothe and calm the body and mind. Parents/caregivers participate with ages 3 & 4 for family fun. Ages 5 & 6 may attend alone or with a parent. 5 classes: \$55

### Pre-K Classes

These are drop-off classes. If your child is not ready to participate on their own, Parent/Child class may be more appropriate.

**CREATIVE DANCE:** (3½-5) Having fun, exploring movement concepts, developing dance skills, strengthening the body and brain, interacting with others - it all happens in creative dance class. Skills become more challenging and progress with age level. 5 classes: \$72

**CREATIVE BALLET:** (3½-5) Exploring ballet skills and vocabulary through creative dance helps young dancers learn ballet more easily and enjoyably. BrainDance, exploring movement concepts, turning, and leaping round out the fun in this developmentally appropriate introduction to ballet. Ballet shoes not needed. We dance in bare feet. 5 classes: \$72

## CHILDREN & TEENS PROGRAM

**YOGA FUN:** (5-6) Explore basic concepts of yoga through games, songs, and stories. Discover dance and movement themes in the body, connections to the world and animals around us, as well as ways to self-soothe and calm the body and mind. Parents/caregivers participate with ages 3 & 4 for family fun. Ages 5 & 6 may attend alone or with a parent. 5 classes: \$55

**PRE-BALLET:** (Ages 5-6) A fun and creative introduction to ballet class. Exploring ballet technique through the dance concepts nurtures the whole dancer. Musicality, healthy alignment, and improvisation are all a part of this developmentally appropriate ballet class. Ballet shoes optional. 5 classes: \$70

**HIP HOP:** (Ages 6-9) Explore street dance styles from the vibrant culture of Hip Hop, through the concepts of dance. Learn movement vocabulary from breaking, locking, and popping, as well as commercial/new style, House, and dance moves of past decades while developing your own voice through free-styling. 5 classes: \$70

**CREATIVE MODERN:** (6-8) A class for dancers ready to experience more technique and skill development while continuing to have fun improvising and choreographing. 5 classes: \$75

**BALLET I:** (Grades 7-9) Classical ballet emphasizes strength, flexibility, alignment, & musicality. Exploring ballet technique through the dance concepts nurtures the whole dancer. Classes are offered in a relaxed and supportive learning environment. Ballet shoes required. 5 classes: \$75

**INTERGENERATIONAL MODERN:** (7-Adult) This modern dance class is appropriate for youth ages 7 and up, adults, and those parents and children who want to experience fantastic fun and bonding while dancing together! Fun and fitness for all! Live accompaniment. Full Description under ADULT. 6/27, 7/11, 7/18, 7/25, 8/1 - 5 classes: \$75  
Parent/Youth Couple - 5 classes: \$115

## ADULT PROGRAM & CLASSES

Drop-in fee for Modern class is \$16.00 exactly, cash or check.

Drop-in fee for Yoga class is \$14.00 exactly, cash or check.

**INTERGENERATIONAL MODERN:** (7-Adult) This wonderful class brings people together in community as we stretch and strengthen our bodies, minds, and creative spirits. Appropriate for youth ages 7 and up, adults, and those parents and children who want to experience fun and bonding while dancing together! Class is a brain-compatible blend of BrainDance, floor & center work, movement combinations, folk dances, improvisations, and choreography. Fun and fitness for all! Live accompaniment. 6/27, 7/11, 7/18, 7/25, 8/1 - 5 classes: \$75  
Parent/Youth Couple - 5 classes: \$115

**YOGA: BEING CONNECTED** offers a practice integrating body, mind, & spirit through a focus on core strength, posture alignment, & meditation. Bringing awareness & connection of breath with poses invites a sense of calm & flow with each movement. Adaptations are offered for varied experience, ability, strength, and flexibility. Mon 7/3 & 7/10, Sun\* 7/16, Mon 7/24 & 7/31 - 5 classes: \$65

## SUMMER DANCE INSTITUTE FOR TEACHERS

Creative Dance Center, Seattle, Washington

**One-Week Refresher July 5-9, 2017**

Faculty: Terry Goetz & Anna Mansbridge

\$525 Early Bird Discount with registration by May 22, 2017; \$595 after May 22

Credits & Clock Hours Available for additional fee.

**Two-Week Foundational July 10-21, 2017**

Faculty: Anne Green Gilbert & Dionne Kamara

\$825 Early Bird Discount with registration by May 22, 2017; \$895 after May 22

Credits & Clock Hours Available for additional fee.

Visit <http://createdance.org/institute-workshops/sdit/> for credit & clock hour fees, more information, and registration.

## POLICIES & FAQs:

**CREATIVE DANCE CENTER** is in the Haller Lake neighborhood just off Aurora Avenue North. 12577 Densmore Ave. N. is just south of the N. 128th Street and Densmore Ave. N. intersection. From Aurora Ave. N., go east on N 128th St. From I-5 northbound, take the NE 130th St. exit and head west. From I-5 southbound, take the NE 145th St. exit and head west. Turn south on Meridian N and west on N 128th. *Free parking.*

**DATES:** 5-week Summer Session July 3-August 5. See the reverse page for specific Camp descriptions and dates.

**CLOTHING:** Adults- dance or exercise clothes; Girls- dance clothes such as leotards, dance skirts, etc., bare feet; Boys- sweat pants or shorts and t-shirts, bare feet; Toddlers- dance or play clothes, bare feet. Ballet shoes are required for Ballet I. Sneakers are required for Hip Hop.

**VISITING:** Parents are invited to observe the final class of the session. A waiting area is provided outside of class during non-visiting days. **If your young child is not ready to dance on their own, Parent/Child class may be more appropriate.**

**PRE-REGISTRATION:** Required to ensure a place in class. Registration in current classes does not guarantee a space in upcoming sessions. Full tuition sent with registration form is preferred. Classes without sufficient enrollment will be cancelled.

**REFUNDS** available if CDC administration is notified prior to the second class. \$5 processing fee will be levied.

**FINANCIAL AID:** Limited financial aid is available. Applications will be sent to you at your request and must be received at CDC with your pre-registration.

**MISSED CLASSES:** You may make up missed classes in any comparable class during the current session. Check the web schedule at [www.createdance.org](http://www.createdance.org) to ensure the class you wish to attend is taking place. Camps are not available as make-up classes.

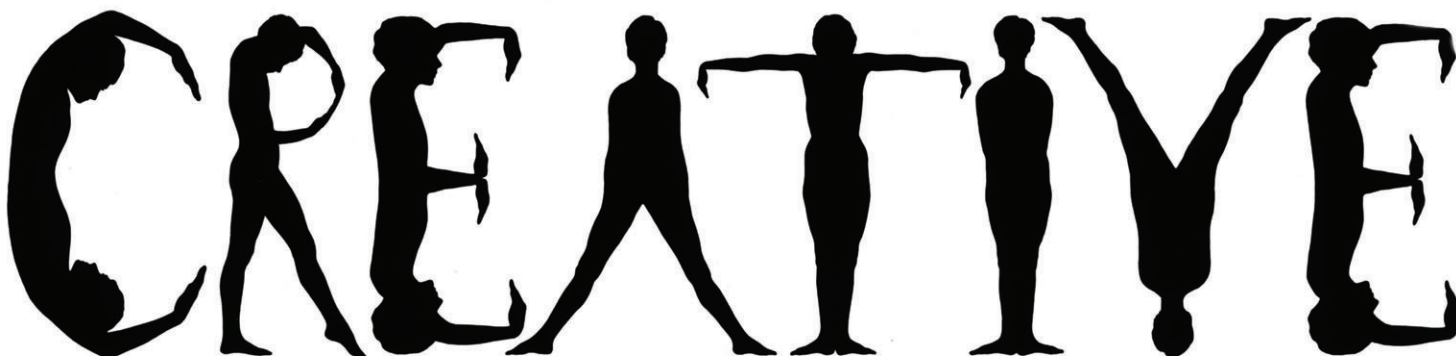
**DROP-INS: Please bring exact change or check. Youth Classes** - Siblings or friends may attend a class on a one time, case-by-case, space available basis. The drop-in fee for Youth Classes is \$16.00. Drop-ins are not available in Camps. In an **Adult/Youth Class** (Nurturing Baby, Parent/Toddler/Child, Yoga Fun, Intergenerational) the drop-in fee for a sibling is \$8.00. **Adult Classes** Intergenerational Modern - \$16 drop-in fee, Yoga - \$14 drop-in fee.

**OTHER CDC SERVICES:** Gift Certificates; Birthday Parties; Preschool, Homeschool, & Scout Troop Fieldtrips

**CDC FACULTY:** Visit [createdance.org](http://createdance.org) for faculty bios: IA = Ines Andrade, AGG = Anne Green Gilbert, TG = Terry Goetz, RH = Ruth Hylander, KJ = Kechelle Jackson, HS = Hayley Shannon, CSH = Carly Squires Hutchison

**BRAIN DANCE:** Developed by CDC Founder Anne Green Gilbert, the BrainDance is included in every class as a warm-up and introduction to the dance concept. The BrainDance sequences through the eight fundamental movement patterns of early human development which wire the central nervous system. BrainDance connects and aligns all parts of the body, brings blood and oxygen to the brain and muscles, and helps us to center and focus.

Summer Session 2017



DANCE CENTER

12577 Densmore Avenue N, Seattle, WA 98133 • 206.363.7281 • [www.createdance.org](http://www.createdance.org)

Don't miss **Kaleidoscope In Concert ~ CDC's Modern Dance Company of Young People** • May 12, 13, & 14, Broadway Performance Hall • Adults: \$18; Youth/Senior: \$8 • Reserved Patron Seating through CDC: Adult Patron \$35; Youth/Senior Patron \$20